



**We are not prepared UNLESS  
we are all prepared!**

EU Health Security Council to implement  
EFN Recommendations!!!!



# EFN REPORT ON PREPAREDNESS EU RECOMMENDATIONS END-USER CO-CREATION

- Ensure appropriate mechanisms for **psychological care of nurses** who are experiencing extreme anxiety and stress during the crisis as well as post factum to prevent and treat post-traumatic stress disorder.
- Foster the **co-creation and co-design with frontline nurses** of political decision-making processes concerning **IDHC preparedness**, protocols, training, and selection of appropriate materials.
- Work closely with the nursing profession to develop policies that protect the nursing staff from unnecessarily difficult or **unsafe working conditions**, particularly when caring with COVID-19 patients.
- Commit to **preventing future outbreaks** from becoming epidemics by engaging frontline nursing in the design of policies/procedures and coordination. The EU needs to improve its capacity to prevent, protect against, detect, report and respond to public health emergencies.



# WHO Year of the Nurse Nursing Now!

DIR 2013/55/EU - COMPETENCIES (ART 31)

- To independently diagnose the nursing care - **plan, organise and implement nursing care**
- To work together effectively with other actors in the health sector
- To **empower individuals, families and groups** towards healthy lifestyles and self-care
- To independently initiative life-preserving in crises and disaster situations
- To independently give advice to, instruct and support persons needing care and their attachment figures;
- To independently assure quality of and to evaluate nursing care;
- To **comprehensively communicate** professionally and to cooperate with members of the other professions in the health sector;
- To analyse the care quality to improve the own professional practice as a general care nurse.

